



## Middle School / High School Transition Chattanooga Program Overview

### Program Overview

Transition years are difficult ones for young people. Whether making the move from elementary school into middle school, or middle school into high school, the challenges are real. New faces, new expectations, and new opportunities seem to appear around every corner. It can be an overwhelming experience!

The Adventure Guild's transition programs are designed to help with those transitional years by creating a space where students can build new relationships and explore topics that will help them be successful in the new chapter of life they are entering. In our transition programs there is a priority on engaging the students and processing the experience, particularly in ways that highlight issues such as inclusion, leadership, mutual respect, community, value and support, shared decision-making, and team development. All transition programs are tailored to focus on the topics and themes deemed most important to the success of a particular class.

All transition programs include high energy large group games, warm-up and "get-to-know-you" activities followed by small group activities such as team building initiatives, simulations, and portable low challenge elements. For programs held in Coolidge Park, we also offer the option of utilizing our climbing center, the Walnut Wall, which is situated on one of the limestone pillars supporting the Walnut Street Bridge.

### Example Schedule (can be modified to fit particular school schedule)

- 8:00 Group Orientation in big field
- 8:15 Large Group Games
- 8:45 Group splits – initiatives / simulations / low challenge activities. If utilizing the Walnut Wall, ½ go to wall, ½ for initiatives, etc.
- 10:30 Groups come back together at wall for lunch instructions
- 10:35 Lunch
- 11:15 Groups swap places
- 1:30 Program Closing – final circle-up

### Cost

Transition program pricing varies by class size. Larger classes enjoy a somewhat discounted rate, due to the higher number of participants involved. The pricing structure is as follows:

- Up to 70 students - \$38
- 70 to 100 students - \$35
- Over 100 students - \$32

Schools can choose to supply lunch for their students, or we can supply lunches for an additional \$8 per participant.

For booking, please contact The Adventure Guild at 423-321-2504 or via email at [kim@theadventureguild.com](mailto:kim@theadventureguild.com). For more information about The Adventure Guild and our services, see our website at [www.theadventureguild.com](http://www.theadventureguild.com)